Do Just One Thing by Eco-Expert Danny Seo

When it's time to replace the pillows and comforters in your bedroom, think corn. Ingeo is a revolutionary fiber made from spent corn stalks that have been spun into a fiber not dissimilar to down feather. But unlike down, it's hypoallergenic and biodegradable. It's also affordable!

Got an eco-tip or question? E-mail: Danny@dannyseo.com

Do Just One Thing by Eco-Expert Danny Seo

Do Just One Thing: Earth Day

In preparation for Earth Day, share a few of the Do Just One Thing tips you've read in this column and type them up in an e-mail to friends and colleagues (and be sure to tell them where you heard them!). Pick your top 10 and send it out with a note reminding others tomorrow is Earth Day and they, too, should try to Do Just One Thing. Learn more at www.natureworksllc.com.

Do Just One Thing by Eco-Expert Danny Seo

You know those little terra cotta pots you've been meaning to grow herbs in? Take them out of the closet, scrub them clean, and fill them with Band-Aids, little bars of soap or keep your toothbrush and toothpaste together in one. It's a simple way to keep your medicine cabinet organized. Got an eco-tip or question? E-mail: Danny@dannyseo.com

Do Just One Thing by Eco-Expert Danny Seo

If you have pets or wear your shoes in the house, you may need to deodorize your carpets. Sprinkle baking soda on the carpet and let it sit overnight. The baking soda will absorb odors as you slumber away. The next day, plug in the vacuum and suck it all up. How easy was that?

Do Just One Thing by Eco-Expert Danny Seo

If you have uncovered basement windows in your home, you can do two things to help small creatures like chipmunks and rabbits that get stuck in the well: One, prop up a branch or a plank of wood so they can easily climb out. Then take it a step further and buy a window well cover from the hardware store to make it safe and sound for good.

Learn more at www.natureworksllc.com.



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